

One Body Spa presents

The Pick of the Crop for Health and Beauty

Pumpkin Body Glow

This amazing body glow uses **pumpkin, maize and cinnamon** to revitalize dull, tired skin and restore healthy, beautiful, soft skin. Pumpkin has amazing skin healing nutrients and is one of the best plants for skin vitality. This luxurious treatment is done in the steam bath to leave your **skin like silk**. \$65

Pumpkin Facial

Treat your facial skin to the nourishing and healing properties of pumpkin. A traditional **European Deep Cleansing Facial** incorporates a **pumpkin polish** for gentle exfoliation and a **pumpkin masque** to allow the skin to absorb nutrition. Your facial skin will feel beautifully cleansed, fresh and healthy. \$70

Harvest Massage

Take care of your body with a **therapeutic massage** using oils infused with **nutmeg, orange and rosemary**. The massage is finished with a **hot herbal sage compress** on your chest and neck. These healing oils help you, digest better to breathe better, sleep better better, eliminate better, and feel better. Muscular stress is reduced or eliminated, resulting in **increased energy and vitality**. 50 min.\$70 / 75 min.\$90

Pumpkin Enzyme Peel

This incredible peel lifts dull, flakey skin to reveal **plump, moist, healthy skin cells**. Repair summer sun damage using this gentle peel incorporating **all natural pumpkin and enzymes**. Suitable for **dry, oily, acneic, dehydrated or sun damaged skin**. \$65

Take any 2 services and receive a complimentary Pumpkin Enzyme Peel

Pick these pumpkins soon. When the harvest is over, so are they.

One Body Spa

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